



don't worry

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**intro:** this guide for homeless, apocalypse survivalists, minimalists, travelers, monks. guide compact. hard to read but few pages. most dont need last pages. i speak like russian. 100% not russian. normal american. few words save pc data. speak normal in real life. if you dislike something in guide, ignore thing. write your own guide that fits your style. if live exactly this guide you monk. guide has no medical info. old army survival manuals teach medicine. many survival manuals exist. people complain some crazy things in guide. true. but guid serves so many people, homeless, survivors, minimalists, wealthy travellers, monks of all faiths, athlets, beyond. all need different things from guide. simple stuff first. strange stuff at end of guide. dont have to read. guide support all religion, atheism. no belief needed. spiritual practice like gratitude, breathing, meditation proven healthy even for atheists. even if soul not provably real. very healthy. atheists dont serve \*god\*. can still serve \*good\*. fuck nihilism, postmodernism. what would geordi laforge do?

## homelessness:



<https://youtu.be/AMiNoVRUd4Q>

**dont listen beggars advice escape homelessness** because he doesnt know. that why he homeless. listen millionaires advice on how do it.

**couchsurfing:** never live in street if possible. always seek kindness of others seek lodgings, rebuild your life. especially seek them online if you can. immediately flee from any host who seems unsafe, or cruel, especially abusive parent who operationally punishes verbal self defence against abuses.

1. ask for blanket from others. get cardboard or something sleep ontop of. sleep away from city safe.

2. beg for money. buy cheap food, cheap water. save rest of your money.

4. buy cheap pc like phone, or borrow pc like at library.

5. go online find someone who will host you while you rebuild your life.

6. secure online remote job. something without rigid schedule where they dont know you homeless, where you dont have commute work. make sure avoid obvious scams.

7. sublet room with roommates. if you can t afford do this in regular apartment then you must make personal deal with someone who owns extra room an ordinary house or you must make private deal with landowner live in barn or shed, or any nook, cranny, even if you not legally allowed to. it much easier survive someplace you welcomed than someplace you not.

**avoiding judgement when begging:** you will get food, or anything else faster by begging for that thing rather than by begging for money buy that thing, then buying it, becuae people assume you want buy drugs. soup kitchens, some churches, sikh temples, food banks give free food for no reason as long as you cover your head. people will genehelp you if you starving, or dying of thirst, might give you shelter for one night.

**mail:** get mail homeless by either post office. or trust stranger. ask let you send mail to their home. trade them few \$ or labor.

**flexibility, determination, resiliency:** you vegan? only eat plants? this emergency! be thankful any food you get. you princess? demand daily hot? survive one day no shower. this emergency! if no adapt to emergency you lose. save your life. resiliency. flexibility. determination! imagine a thing need get done. you think you cant do thing? you right! be someone determined to keep trying get thing done. doesnt matter how. any way. with time thought, effort you will almost always do it. improvise. do things when you stuck with low tech equipment or with no tech at all. all you have is rock you solve problem with rock now. dont cry get it done. no time to cry. its emergency! you created to evolve apex predator. you born with everything needed for your eath mission.

**heuristics:** powerful sayings of advice that hold true most of time not always. a good heuristic: easy to learn, usually holds true, useful it in real world

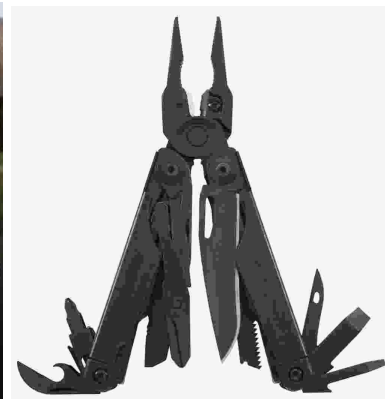
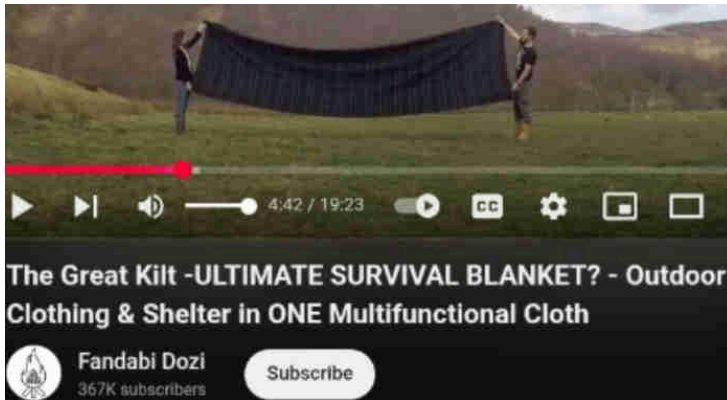
- few pieces of advice work in all situations
- surviving is eating drinking, being warm. nothing else is surviving.
- most people usually being good person. most people usually telling truth. most people usually give basic food water, shelter if you're dying.
- if lost in woods, find river. rivers lead to ocean. walk beside ocean to house with phone.
- you arent likely lose your gear if you regularly check you have all of your gear before you leave location! your gear is easy to lose. trust me.
- societies advice isnt always best for happiness. sometimes society wants somethign from you. sometimes advice benefits them not you.
- if you lost your father, notice good men in life, in stories. imagine advice they would give as a dad. let them teach you their strength.
- rapid change is risky. gradual change with baby steps is safe.
- learn habits in 2 month sections. devote two month for a habit skiil or goal. focus. only one thing at time. if you didnt get it after 2 months, start over. 2 more months work at it. keep repeatign until you got it forever. then start new thing. tew more months. this is secret skill of masters.
- your life will never be anything like tv shows, movies, movies or social media. you cant have fancy meals, perect houses with no mess, wild frequent vactions, stress-free workplace, perfect family relationships, or flawless undying friendships. real life much less glamorous than fiction. that normal. fiction is designed to entetain us. they tell us a very good story. itsnt real it never was. open your eyes. learn how real world really is. be realisitc.
- you can cheer up when upset by researching, keeping 100 item long list of coping skills: nice meals, napping, talking with kind people, etc.
- you will survive better if you have online apps. have your survival apps ready offline. all of wikipedia. maps. some books. some music. offline ai. etc.
- if there great calamity or disaster or economic recession or apocalypse stay way from city because itsnt safe. survive near water by fishing.
- you can get emergency stanima boost of adrenaline rush if you brearapidly for time. this dangerous to too much.
- master basic meditation: meditate all day for ten days with zero light pitch black. sleepdarkness. only take a break to eat, use bathroom.

## survival backpack:

don't need live out of pockets or backpack. just learn how. official gear color - black or coyote brown 51% red, 38% green, 24% blue:



**menstrual cup:** <https://youtu.be/kMziA2Y2iqg> /r/heronebag backpackers insist menstrual cup better than pads. most hurt themselves using it wrong. wood ash is stronger than soap. shirt sponge bath defeats no bath. washing clothes in shopping bag beats dirty clothes. quickdry important. many thin layers warm but dry fast separately. thin layers mean more outfit combinations. many clean quickdry thin shirts not thick towels. swimsuits light compact multipurpose quickdry undergarments. hang clothes on string in wind to dry. don't dry at night for smell. one set thick warm hoodie sweats, nightsocks. sleeping bag liner extra warmth. do research. low cost plant smoke like from lavender or sage smells good. sun causes wrinkles. mix perfume plants into highest spf odorless sunscreen lotion. foundation useless for wrinkle free moisturized skin. lipstick. water resistant eyeliner mascara. compact hairbrush brush mirror. braid hair before bed. don't need hair ties. bear spray stops attacks. wind blows spray in your eyes. practice shooting spray quickly. know where it's. quickdraw sprayer 1.5 seconds. couchsurf with only women hosts. pair up with homeless backpacker girlfriend. choose only female roommates. iPad mini cheap big fits in purse. consider trading 6/10 safe boring older man your kisses, 5 min sandwiches, backrubs for money, housing.



**1-5 blankets sewn together:** can use blanket as sleeping bag, toga, cloak, backpack. if you have string! wool best if you aren't allergic. otherwise use plastic. if using it as sleeping bag, tie it tightly around yourself with string stay warm. sew two blankets together into double long blanket.

[youtu.be/YbAKRffKsPs](https://youtu.be/YbAKRffKsPs) [https://youtu.be/C\\_1w2TaENHE](https://youtu.be/C_1w2TaENHE) [youtu.be/nK5VqPm8uWE](https://youtu.be/nK5VqPm8uWE) [youtu.be/tjIaqEEafcb](https://youtu.be/tjIaqEEafcb)

**mutitool:** with good knife, screwdrivers, scissors cut hair, small saw, pliers, nail file instead of fingernail clippers, as well as sharpener for blade, scissors within tool. leatherman surge recommended, future versions will have superior magnicut steel. buy 1 or 2 extra knives for apocalypse survival protection. recommended alternatives leatherman wave+, leatherman arc (made in usa), victorinox champ, or pathfinder school s full tang hunting knives. for budget setups lookup chinese knockoffs of leatherman surge. <https://youtu.be/VWuGyq01mgA> <https://youtu.be/guOPjRMBX0> purchase multiple copies of repair tool, oil, knifeblade for long term survival <https://youtu.be/pagPuiua9cY> [youtu.be/tJfNR-G69fA](https://youtu.be/tJfNR-G69fA) [youtu.be/OvJCmCABljg](https://youtu.be/OvJCmCABljg) you can save time shaving with scissors by breaking the face into section. start with the moustache, then the neck, then goatee, last the sideburns.



**survivalcord:** survivalcord special goes beyond military spec. what makes it so good that it has strong wire as fishing line, for snaring, it contains waxed jute for lighting fire or as sort of candle wick, it has some line for sewing thread. accessed by cutting paracord open, inside these fibres.

**lightweight shovel:** shovel can be used to dig a bathroom. it can also craft a better shelter.

**multiple reusable bags, napkins:** plastic bag storage-bag, a gear-organizing-bag for keeping your backpack neat, a dirty-clothes-storage-bag, a handwashing-clothes-bag, a garbage-bag, a shit-bag. napkins can be used to wipe your ass.

**sewing needles:** pack small vial of sewing needles to fix clothes. learn how to make sewing needles from bone. [https://youtu.be.com/IOzNNbz\\_EZQ](https://youtu.be.com/IOzNNbz_EZQ) leatherman surge has an awl, scissors, pliers. motorcycle gloves serve as replacement for leather thimble. safety pins are sewing pins that can be fishing hooks, mark spot like pencil. survivalcord contains viable thread. thread that is also fishing line exists. thread created with flax or linen plants. string can be used as measuring tape.





**babuska nesting doll stainless steel cookset:** this nesting steel cookset gives you most large cooking cups for least space. boil your water kill bacteria, make it safe drink except for heavy metals. cup will cook your coffee.

**folding stainless steel woodstove:** will cook your food by burning twigs. you dont need chop wood for fire. wood ash soap. you can shower by pouring water on yourself with pot. you can have airconditioning by showering. get canteen brand where cheap plastic lid doesnt break. get metal without lead or unsafe meta. dont let canteen burst apart with frozen water in winter.

**metal spork:** make sure get one with prongs that not too short, that has decent bowl size for liquids

**metal scrubber:** clean dishes.

**ferro rodd:** infinite sparks. birds nest dry stuff like bundles of grass or dry moss you light with your sparking rod make fire. if you loose your sparking rod find metal strike with, find rock that looks like it has glass in it.

**water filter straw 3x:** normally you can clean water by boiling if it doesnt have metal or poison in it. for emergencies have water filter straws.



**tarp poncho:** get thin durable lightweight poncho wear while in rain. make sure poncho pitchable as tarp. or you will get rained in your sleep. for lighter smaller materails silylon has been suggested, this hasnt been tested by author, less durable in full apocalypse. durable bulky ones exist. consider abandoing tarp entirely in favor of debris shelter, know that some enviroments have zero debris in nature or urban environments for shelter.

**cheap chinese bigass backpack:** why fuck would you pay \$600 for bag that holds shit? zerobag? backack is clothing. its zerobag.

**cheap kevlar plate:** put cheap bullet proof plate in laptop sleeve for some emergency bulletproof armour on one side. in absense of plate half decent substitute called "bible plate." recover sheets of carboard like from dumpster, completely flatten them removing all air then layer them together thickness of bible or beyond. they act not only as emergency sleeping pad, have some minimal resistnace over lower caliper rounds. they will useless against higher caliper rounds like deagle, which can shoot straight through phonebook. this can mitigated by adding additional laptop for thickness, as well as a scrap metal sheet like tea-tray. even that wont protect against super high caliper rounds it saves lives, adds a sleeping pad, a metal sheet useful as a cutting board, protects laptop \*for free\*.

**4 quickdry sport pants:** these not sweatpants these quickdrying offbrand adidas. they will keep you warm in winter

**7 long sleeve quickdry hooded shirts with mask, thumbholes:** in summer wear one with sleeves rolled up. in winter wear all three together with sleeves rolled down. they can become sling for wound. it can fold them into bag. use them as cloths for cleaning. or as picnic cloth. you can have ponge bath with them. wash them in plastic bag as described below. there 1001 uses for them except for telling time, learn them all.

**medical clogs/chef shoes:** these best cheapest shoes that last longest, dont need socks. those with sensitive feet could injure their skin.



**straight razor:** this way your forefathers shaved going back romans with simpler blades. great care must taken select blade of proper steel, blade must maintained, kept well sharp. cost of not doing your research, doing discipline can mar your face for life. [https://youtu.be/ttK2SIZW\\_9Y](https://youtu.be/ttK2SIZW_9Y)

**pocket whetstone:** this necessary keep knife sharp. sharpen it properly it must brought what called apex where thin metallic feather shed from blade. pocket whetstone makes it easy cut ones hands. knife may used carve holster for whetstone out of piece of wood, for better handling. if whetstone lost, i can replaced with certain smooth flat river stones.

**small instruments:** accapella, percussion, kalimba, collapseable recorder, ocarina, harmonica, jaw harp, ukelele, horn, kazoo.

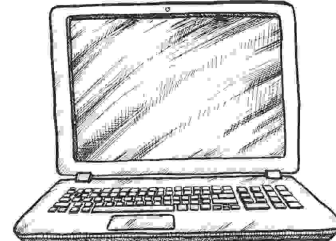
**solid steel hatchet:** that is just one thick solid piece of metal. no wooden handle.



**motorbikes:** in year of our lord 2025, basic used bike \$500 \$2000. gas extremely cheap for bikes, \$4 fill tank. good dual sport offroading bike honda crf 300l. make sure get motorcycle compatible with cigarette lighter charge your electronics. you can haul over one hundred pounds of gear into bike, walk it along trails. some trails dont allow them, but if you call warden they will likely permit it as long you dont start engine.

**motorcycles have extremely high mortality rate:** leading causes of motorcycle death motorcycle: alcohol involved, texting while driving involved, speeding involved, user injured from not wearing proper safety gear, biker inexperienced biker or driving recklessly, driving in bad weather conditions, driving while tired, riding without proper defensive riding classes. make sure avoid these dangerous biking behaviors so you dont kill yourself or soemone else. you should use motor vehicles sparingly. itsnt safe drive motor vehicle, especially on freeway, especially on motorcycle. reduce frequency at which you drive avoid death. you dont need ride all day eday. aware that wearing large backpack while riding will put you off balance. load your gear on side of your bike.

**motorcycle leather/synthetic "light-armour":** proper motorcycle gear includes used well made thick secure windproof motorcycle helmet with sunlight resistance, thick hardened motorcycle jacket, pants protect from road rash, thick durable winterized motorcycle gloves with good hand maneuverability like mechanics gloves that you can type on smartphone with, sturdy waterproof steel toe, steel soled motorcycle boots. boot collar half way to knee. motorcycle armour, kneepads, shinguards.



**travel shaver:** these dont work the best but they are small and cheap and charge with a phone cable.

**headlamp:** get headlamp that has red/strobe lighting, charges with phone cable. watch battery capacity.

**small computing device:** a small device is recommended to go in backpack. a used thinkpad running linux mint is recommended. for a deeper explanation see computing section at end of guide.

**DAW:** app free called DAW. example of this caustic3. this type of program can reproduce about any song that youve ever heard of radio, in part because it digitally simulates something called analog modular sythesizer. it sufficient replacement for carrying instrument such as guitar while living on go.

**drawpad app:** digital drawpad app allows making electronic art on go without needing an art studio.



**survival:** you allowed live in woods or beaurau of land management land in most countries if travel along trails, move along every few days, dont build permanant shelter, dont leave behind trash or destroy forest, obey laws of local woods, dont fish or hunt or do anything without proper licenses. remember, police or locals may ask you leave, they wont likely hurt you, even if they threaten to. respectful of locals there. even if you arrested crime of being homeless only short time in jail. research how properly thru hike before doing this or you could get seriously injured or die.

**weather:** dont hike on hottest or coldest days of year. in cold, keep fire going. keep your torso, your ears, your head, your neck, your arms, your hands, your legs, your feet covered. underneath snowy tree there can clearing with no snow that you can hide in live. for heat, drink alot of water, wear light airy clothing, get clothing wet cool yourself off, stay in shade. cover your head well or sunlight will bake your head, you could die from sunstroke. you can make shade by digging with your shovel, by pitching tarp with your blanket. if you dig too fiercely your body can overheat. walking in rain especally without poncho dangerous. wait till it stops raining hike.



**debris shelter:** crafted from forest materials. craft frame with three pieces of wood. one with branching fork, one same length. lean them against each other. secure longer branch on top. branches leaned against frame create ribcage walls. debris from ground piled onto side of shelter until thickness of debris as long as from tip of your fingers your elbow. more debris warmer you will be. this shelter can stay water resistant, keep you dry, warm for many weeks. bed can made by collecting bundles of loose hay or grass. it important make bed because ground freezing cold, wet at night, soil can contain parasites. make sure pick bugs out of beds of hay. [youtu.be/HG9BeyrOfZE](https://youtu.be/HG9BeyrOfZE)

**fishing, snargng:** for for food easier than hunting. if you learn fish youll never starve, even in apocalypse. carve fishing hooks out of wood, use sturdy sticks as fishing poles, craft string as fishing line. find worms for bait. worms come out in rain, can farmed in waste. learn snare rabbits with metal wire. also consider breeding rabbits which easy. respectful of game warden, local fishing, snaring laws. dont catch more than you need, harvest too many of one species, or too much game from one spot. release endangered catches back into wild.

**forage in forest:** for berries, nuts, plants that taste like potatos like jerusalem artchoke. study online foraging experts like rob greenfield. beware as many plants care deadly to eat or touch.

**rice, flour:** both extremely cheap, easy cook with, last long time on shelf. buying 20 lb bag of white rice, 20 lb bag of flour means that you will never starve. rice bowls ancient secret of lao tsu. flour primary ingredient in making gravy. eat like king, combine rice, bread, gravy, fish or rabbit, butter, salt, spices, squirt of lemon. <https://youtu.be/YXIr0WHQjNc> <https://youtu.be/uwlWVmUEsH8>

**wax:** useful for waterproofing cloth, for making it possible seal food jars with cloth or lids. wax can made by melting pine sap or honeycomb from beehive. you can take river, form it into jar, lid, then burn it in hot fire harden it into ceramic container.



<https://youtu.be/7ZTNJCKWqXs>

**human compass:** you dont need compass. sun rises in east, sets in west.

**human walkie talkie:** a | b -\*\*\*| c -\*-\*| d -\*\*|e \*|f \*\*-\*|g --\*|h \*\*\*\*|i \*\*|j \*---|k -\*-\*|l \*---|m --|n -\*|o ---|p -\*-\*|q --\*|r -\*-\*|s \*\*\*|t |u \*\*-|v \*\*\*-|w \*-|x -\*-|y - - -|z --\*\*

fingers whistle morse code. talk one mile. short whistle dot. long whistle dash.



Survival Guide: Make YARDS of natural cordage in MINUTES  
382K views • 1 year ago  
SageSmokeSurvival  
Cordage making is a core skill that humans have depended on for millenia. In our modern  
This video teaches viewers how to make cordage, a vital survival tool, from natural mate

[https://youtu.be/Hq-ceDo4\\_PA](https://youtu.be/Hq-ceDo4_PA)

**makng string:** string can made from fibres of crushed dogsbane. make sure learn this before you need survive or you won t able learn it from this document. craft much string before need.



How To Tie A Square Knot (Step-By-Step Tutorial)  
406K views • 10 years ago  
DIY Helpful DIY  
In this video, I show you how to tie a square knot with rope. This is a tutorial video that explains the instructions in a step by step ...

**square knot:** <https://youtu.be/OxdUfYKrcfY> learn from picture above how make a square knot. also learn bowline knots.



Guided Wim Hof Method Breathing  
105M views • 5 years ago  
Wim Hof  
Don't do the breathing exercises in a swimming pool, before going underwater, beneath the shower, or piloting any vehicle.  
CC:  
6 moments: breath hold pause | take a deep breath in and hold | prolong your breath | hold for 15 seconds exhale | ...

<https://youtu.be/tybOi4hjZFQ>

**wim hof vitality breathing technique:** take incredibly deep breaths, filling entire lungs, at normal pace, not slow or fastt, for abut 10 minutes. then dont breafor 30 seconds 2 minutes. do this three six times. this vitalizes your blood with oxygen. this is more effective if your bare feet are touchign ground. its even more effeteive if your bare chest, back are exposed to direct sunlight. breathing this way barefoot on ground shirtless in sunlight gives big testosterone boost free. women get oppisite effect with female hormones. if sunlight hits you totally naked its more than double as strong.

**best weight loss fasting:** (going without food) with lots of water, coffee, , either vitamins or pinches of sea salt. dont fast for more than 16 hours per day. if you eat one meal day make sure it big meal. if you feel like breaking your fast, then nibble some food instead of eating meal. if you end up eating meal then thats okay. if you fast regularly you will still lose weight. if you fast for several days dont start eating massive ammounts right away or you might die.all religions say fast. its dangerous lose too much weight all at once, you could die.

**monk workout:** this requires no gym equipment. meditate, do tai chi, do yoga, do planks for three minutes, do 30 burpees squatting all way down before jumping, do 30 pilates, do 30 pullups, sprint for 3 minutes. finish by bathing, then washing your clothes.

**navy pain relief technique:** focus on part of your body that hurts, when you exhale think of seafoam green. outloud repeat number 55515.

**pain relief/tooth decay:** swishing salty water in your mouth or swishing salt in your saliva helps kill bad bacteria not good baceria. this not perfect substitute for proper tooth care. salt water also treats cold sores.

get free schooling at khan academy or any online school. study mnemonics memorize lots of information quickly. <https://www.khanacademy.org/>

**zero\* cost parenting:** for centuries people have had babies for zero \$. utilize free schooling, other free babysitting. make cheap pcs like ipads, socialization, family time focus for family entertainment. choose cheaper food sources, having any food at all rather more expensive food. research constantly how get better food deals. avoid all non essential expenses besides basic things like food, shelter. get assistance programs, help from others supplement income. as long as your children eat, drink water they likely live.

**money:** eliminate monthly spending as much as possible. cut all subscriptions. get free calling, texting service.

**designer brands:** nearly all same chinese products with higher price tags. you sually pay more for same product even sometimes when made in america.

**debt:** understand that only take out debt make money or save money. you might get better wood deal if you could shell out \$200 more \$ for larger quantity. take out debt in absolute emergencies preserve life. you shouldnt buy anything that you dont already posess twice cost of in your savings. its rarely wise buy anything more costly than 10 gold ounces. even avoid buying anything more costly than 1 gold ounce..

**real money:** gold, silver, copper has, always will only real money, have been since ancient egypt. gold silver, copper dont inflate or deflate in price, only fluctuate somewhat. look up online what inflation means understand. if you dont understand why, do more khan academy courses.

**budget:** internet video teach you how use pc budget app. budgeting save you so much money. this called running yourself like business so you profit. requently check your spending find next easiest expense cut.

**frugal:** spend 15 minutes every week searching interent for "frugal tips" or "how save money." imagine if eweek you spent 30 minutes online trying learn how save \$5. by doing this weekly over years I have ripped hundreds of \$ out of my regular expenses. it pays off learn how save five \$.

**gambling:** aware that gambling stupid because it loses you money over time. true gambling either investing, or better yet taking risks in real life like choosing new career or taking risky move ask girl out. if you dont put in alot of time, effort when investing in stocks, crypto, it would more profitable, zero effort put your funds into s&p 500, dow dones, forget about it rather than manually invest.

**cheap gaming:** playing older games cheaper. older games cheaper they are. you dont have buy top of line gaming pc if you play old games. you can buy mid tier pc or even bottom of line pc, it will still able play old games.

**country living:** living close center of city expensive. closer you center of city more you like throw your money into big money hole for no reaason. move out futher into country save more money.

**glasses:** you dont have buy \$200 pair of glasses. find out your prescription for free, then buy pair of \$25 chinese glasses online.

**nocar:** vast majority of people dont need cars. cars expensive because of car payments, insurance, repairs, maintenance, car accidents, gas. solution not ride taxi all day. consider following: commutes for shopping, travelling, from work, weekend fun. shopping can done online. travelling, from work can achieved via carpooling or public transit especially for job closer home. online jobs dont require commuting. for weekend trips, people can probably afford pay taxi. or you can ask your friend for ride bus stop if you live close fo one. you can also share ride with friends go out together, like concert. for rest of your car rides, or for occasional emergenciess, asking for rides from friends ok if it not regular persisting nuisance, if you dont bother same person etime. expecting your friends your free taxi service rude. offer drivers gas money for these rides, maybe barter some favors. you can survive easily with no car.

**food money: grocery store deals:** grocery stores will often mark down food when it about expire. clerks will mark down nearly expired or damaged products if you ask nicely. sometimes big brands overproduce or undersell goods, offer deals, this why coupons exist. ask employees where deals are. store nearly expired foods in freezer preserve them for months.

**special stores:** grocery outlets, food coops, grocery store clubs, farmers markets, butchers, specialty asian food stores, mexican food stores, indian food stores also often have better prices for some things.

**seasonal prices:** some foods cheaper in certain seasons. buy extra food when costs less, freeze or preserve it for later.

**junk food alternatives:** before people ate cereal for breakfast they used eat oatmeal with butter, sugar, which cheaper, healthier than cereal. add cinnamon, vanilla, nutmet, nuts, fruit pieces for flavor. before people drank soda they would brew coffee or tea, mix it with sugar, milk, which cheaper.

**learning how cook:** pays for itself. best way start learning cook start by cooking one meal per week for yourself, preferably something easy like sandwich. as you get better at cooking you can slowly cook more meals per week for yourself until you dont need pay for food.

**recipes for beginners:** learn cook in order from easy hard: peanut butter jelly sandwich, turkey sandwich, tuna , egg sandwich with apple bits, boiled hotdogs, ramen noodles, egg, plain white rice on stove, egg, rice, macaroni, cheese with real cheese cut up, poor man s meal, shit on shingle, cheesy broccoli, clam chowder, crackers, hamburger, sausage, eggs, potroast, big egg omelette with cheese, ham, chicken parmesan pasta, shrimp alfredo pasta, chicken pesto pasta, meal prep burritos, mexican street tacos, eggdrop soup, fancy ramen with meat, egg, potato soup with cheese, stir fry vegetables, rice, oatmeal with sugar butter, cinnamon, mexican beans, rice, chicken tikka masala, fruit pie from scratch. regular pie only requires four ingredients at minimum: flour, water, mashed up fruit, sugar.

**growing plants:** bury your spare potatoes, come back months later for free potatos. double your harvest, cut potatos in in half, both halves will grow. growing potatoes will cut out huge cost in your food budget. sunchokes even easier grow than potatos, taste same. certain berries grow wild, easy grow, taking care of themselves. there not lot of time harvest berries so put them in bags in freezer otherwise otherwise preserve them in mason jars. you can grow tea, tobacco, marijuana, or brew (not distill) your own beer, wine. do your resarch, make sure you doing it safely, following local laws, not skipping important steps. dont get in trouble selling these substances illegally. use them for yourself, for family.. bear in mind that repeatedly harvesting crops from same location repeatedly will deplete soil of nutrients. after so many years spot will barren, wont grow anything. you have leave spot alone for 10 years so soil replenished. consider that when picking size of your farm. some foods arent worth growing yourself.

**chickens rabbits, quail:** produce nutritious golden eggs used for many recipes. buying chicken feed for eggs cheaper than buying human food. chickens can eat food sources humans can t like bugs, or table scraps.. hen lays one egg eday even if she isnt pregnant. you dont have harm chickens harvest eggs. you can raise chickens in sacred way. fresh eggs dont need refrigerated for weeks if they arent washed. you can preserve eggs in mason jars for years., they lay precious golden eggs that vegetarian, as nutritious as meat. if you treat your chickens in sacred way it ethical. eggs dont need refrigerated for weeks if you dont wash them. compost made of food scraps, dead plant materias like from gardening, farming, human waste. you can throw worms, beatles into compost. they will multiply. chickens can eat them without damaging healthiness quality or taste of eggs. rabbits much easier grow than chickesn, mostly take care of themselves able survive in wild without you. they breed much faster than chickens, so meat they produce far



more meat than you get from same effort with chickens. rabbits easier butcher, cook than chickens are, can done with knife quickly. rabbits quiet animals as opposed chickens who loud. downside if you want closer vegan, it less ethical butcher rabbit than eat egg.

**reduce waste:** if some food is gonna go bad, stick it in freezer, or feed it to chickens or pigs

**living without fridge:** with shelf stable food, food preservation: products have alternate versions that dont need refrigerated except cheese. it easy live without refrigerator using self stable food. food can long preserved without fridge using mason jars. research how can your food with mason jars on stove. <https://youtu.be/swdJlvy2xFU> [youtu.be/xFEW3yZ42HE](https://youtu.be/xFEW3yZ42HE) juice water from food preserved in mason jars: for vegetables water is vegetable broth, for meat its meat broth, for fruit it makes berry soda when you add sugar - кампот. add tea, sugar into mason jars when boiling fruit it caffeinates it.

**bulk shelf stable foods:** keep shelf stable non perishable 5 year food supply, bank of non gmo farming seeds. bulk means buying things in largest quantities. it much cheaper buy things in bulk instead of small quantities. because it shelf stable, little food goes waste, no refrigeration needed, food can act as emergency rations stored away for multiple years of survival. buy following shelf stable items in largest quantities possible:

vitamins, flour, rice, churnable whole milk powder, instant potatoes, dried beans, dried fruits, edible food seeds, nuts, steel cut oats, canned fruits, veggies, spices, sea salt, soy sauce, fish sauce, msg, soy sauce, white wine vinegar - non distilled, dried parmesan powder

powdered milk makes skim milk, 2% milk, whole milk, half, half, heavy whipping cream, butter, cheese. get almond milk or rice milk if you lactose intolerant. or better yet get bulk almonds or bulk rice.

**canned meats:** tuna, canned chicken, canned beef, spam, pink salmon, oysters, baby clams, sardines, fish patte, salmon eggs, canned eggs.

generally store limits how many of these you can get so you want mix it up so they let you buy more. it incredibly cheaper, easier get largest quantities of meat by canning you own meat from entire animal.

**mid term survival:** **truck:** mid to high towing power diesel trucks with no turbo, no pc like toyota hylux.reliable.

**truck bed camper:** have a home in bed of truck. taller ones are more comfortable. smaller or pop up ones are stealthy. plans to build these campers are cheap online.

**capsule wardrobes:** of clothing suitcases of durable high quality clothing where epiece of clothing matches eother.

**solar:** right way do solar power as beginner with multiple 100 wat solar panels, jackery batteries, with expensive well installed inverters. careful working with electricity. polished, perfectly parabolic mirror when in right angle of sunlight concentrates all of light into extremely hot beam of light similar hot laser-like beam. solar cooker much like small oven that uses parabolic mirror heat it, they work even in winter without electricity. solar cooker may used power turbine of boiler. there solar air conditioners, home-heaters, fridges, freezers that dont use electricity.

**yagi antennas:** can steal wifi from miles away. its legal if you pay person small amount use it, or if you barter.

**long term survival:** this gear is not restrictive. this is just bare necessities. a starter pack.



**chinese mud brick family homes with bamboo roofs:** best cheapest house pers quare foot in history that cheapest heat in winter, cool in summer. work hard so that these legal build in your country. housing crises have never truly happened in china same way as in other nations. mudbricks made by getting right consistency of mud, mixing it with straw, then forming it into brick with wooden boards, baking it in sun or in brick oven.

brick stoves heat homes at same time as they cook food, ashes soap. cheaper than steel or iron wood stoves. boil water, put it into bucket with small holes in bottom, you can shower. thicker stoves with more brick absorb heat, start trapping heat in brick, radiating it better in living space.

**firewood:** have 5 years worth of piles of split wood. landowners often remove trees from their property, have no use for wood. they often happy have someone harvest wood for free. they see it as free tree removal service. businesses often produce scrap materials such as wood, other useful materials that they happy have someone collect for free. never take wood that full of insects or rotted away or soaked in chemicals. dont use ashes from this type of wood as soap.

**bedding:** have many blankets, pillows, thin folding japanese futon bed that can stored away in closet when not in use, open up space in room. they cheap, comfortable, warm. they need tatami mats under them or they will mold. tatami mats perfect for practicing martial arts.

**water storage:** have some way store large amount of water, such as water barrels, in event that water gets shut off. follow rainwater collection laws in your area. it may be illegal to collect water but not illegal to store city water. rainwater not clean drink unless treated. if clean water has been sitting for long time it wont safe drink. rotate your water supply based on age. drink oldest water first, refill with fresh water. water jugs make great coin banks. make sure check your coins for rare coins that more valuable trade at coin dealer than spend.

**travel bidet:** removes need for toilet paper. dig latrine, build mudbrick outhouse.

**chest freezers:** cheap, energy efficient. buy entire cow, hog, or lambs at time during cheapest season, freeze it feed your family for year.

**monk spirit warrior path:** warning: there things in rest of this guide you might not prefer learn.

**martial arts:** only use following three things for ending violence, evil or god will stop you.

1. practice pitching pouch full of fist sized stones at 90 mph like baseball player. force equals mass times acceleration. this makes gun. bismuth heavy.  
2. wing chun kung fu style ip man, bruce lee made by ancient chinese generals end combat <https://youtu.be/zII2C9nTeaQ>. judo minalist style of jigoro kano diffuse combat without injuring your opponenent. master taoism, tai chi, feng shui, use of feng shui compass, wing chun kung fu style from someone who truly masterful of wing chun. learn judo from judo dojo. <https://youtu.be/T1FgJfb21-M> [youtu.be/Z7AoBm2y7f4](https://youtu.be/Z7AoBm2y7f4)

**to train:** start with previously mentioned workout routine, then practice doing osotogari in air with no parter with perfect technique, then practice doing ogoshi in air with no partner with perfect technique. finally, practice wing chun with no partner with perfect technique. occasionally visit dojo refresh your skills.

**studies:** most books in history are here: <https://www.gutenberg.org/> start with books that teach you read latin, then read great works written in latin. also focus on holy works: dhammapada, tao ching, i ching, bhagavad gita, vedas, buddhist texts, king james books, ancinet scripture, tablets. study alan watts, andrew tate, david goggins. study cognitive behavioral therapy. study feminism, maninism(mgtow), casey zander. check out gaia.com

**astral projection:** leave your body, limitedly semi omni-present, omniscient (in other timelines). learn lucid dreaming astral project for free enight. time dilate your dreams astral project for long time. aware that beings in astral projection can trap you there so respect those beings warnnings you.

**past life regression:** remember your past lives, continue past projects. your past lives arent fixed. you get ones you need.

**kundalini yoga:** releases chemical from your spinal chord that powerful drug. it will make you incredibly high like drugs in way that isnt possible turn back off. this kundalini awakening, gives you incredible spiritual advantages comes at cost. it cannot undone, emotionally traumatic.

**clear quartz crystal:** exactly size of your thumb so clear that completely transparent like glass, ideally with "striations". transparent amethyst better.

craft strong string. wrap crystal tightly in copper wire. make sure wire doesn't block light from touching crystal. attach wire string fashion magic

talisman necklace. this talisman good luck. dont wear it while you sleep or you will choke. dont wear it in shower. its magic charged by sunlight.

monk protection spell: "i rescind permission from any demon or negative entity affect me in any way at all, except earnestly seek repentance, or assist in helping others without harming me or others. i rescind permission from any demon or negative entity affect my dreams in any way at all. i give permission for my guardian angels guide me. I give them permission do what they want in my life as long as it holy, justified, in my own best interest, even if it seems me like something i wouldn't immediately prefer, like having toxic romantic partner yeeted out of my life. i rescind permission from any angel affect my dreams in any way at all besides protecting my dreams from negative entities. they may contact me enow, then by entering my dreams, speaking me, otherwise they dont have permission affect my natural dreams."

**monk path salvation:** stop infringing on free will of others except in special cases where they consent. these cases may include parents authority over child, bosses authority over their employee, or play acting of abuses between lovers. carry out forgiveness of everyone who ever harmed you, forgiveness of everyone in omniverse of all of their sins, transgressions. choosing make your life at least 51% about helping others if not more. making your life about helping others called resonating in christ mind. this step means that you ask christ come into your heart, stay in your heart, guide you, give you sivation. being sure not not help others such huge degree that it destroys you, prevents your ability help others, except in certain extreme circumstances where it becomes necessary sacrifice yourself for greater good. work resonate in high vibration, emotional mood as often as possible.

**guidance for monks:** when making groups of monks, avoid if at all possible making militias unless military calls for your aid in wartimes. if in far future that for some reason that united states armed forces has become corrupt or no longer in control, or monks on other planet, use your faith, your wisdom, deliberate hard before taking sides or taking up arms at all. in year of our lord 2025 i can promise that we can trust united states armed forces with our lives. sure protect life, freedom. if you want make monastary it recommended follow after example of buddhist monastaries from older historical periods up today in 2025, while still making use of pcs. dont have sex with children or teens, with consenting adults like normal humans do. dont force people be monk. show others monk way. they see you they know. share idea of it with those who willing. aware that there many important ways serve others besides spread this guide. take donations use them as much as possible or reasonable serve others, save 10 percent used as much as possible or resonable serve others. core principles as monks are: follow monk path of salvation, follow monk spiritual warrior path, eternally student, patiently seek wisdom, knowledge, eternally seek know, pursue your hearts work, what you passionate about doing, chase your own desired platonic forms, show good example others of how live, learn from sihks how cook gods recipes in large batches, feed everyone for free if possible, love sihks as we believe in same god, help societies in future timelines chase their desired platonic forms.



How India Cooks Lunch for 50,000 People for FREE! The MIRACLE in Punjab, India.

13M views • 5 years ago

Best Ever Food Review Show

JODI IPUR SWEETS TOUR • <http://www.youtube.com/watch?v=ZmDyQ0akBCST> EVER MERCI • <http://bit.ly/BGFRSMerch>

Matching chapter 3:46 The Kitchen

<https://youtu.be/qdoJroKUwUo>

**code, math wizardry:** take khan academy starter python class. some websites lke codewars give random coding challenges make you understand code. keep doing challenges to understand: python, then javascript, then racket, c, prolog, forth, riscv, coq, haskell, lambda calculus, perl, category theory, typed lambda calculus, then coq.

then learn install gnu nonguix on thinkpad t430 or librebooted thinkpad, add nix package manage.. then learn emacs. then learn arudio. then learn how program fpga with VHDL. become perl monk, knight of lambda calculus. go onto youtube, look up difference between godot, redot. then learn how make 2d video game using youtube godot tutorials. then learn how make 3d game in godot from youtube godot tutorials.. learn what secure passphrases as long sequences of random words. dont use ai or anything genreate your passphrases or hacked. dont use services such as banks that dont let you use long passphrases. foster planet that can haven for saints of church of emacs.

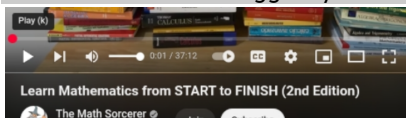
**protect pc data:** learn what electromagic pulse, electromagnetic interference or lose pc data from solar flare. you can protect gainst them by wrapping electronics copletely in aluminum foil. electronics in aluminum foil must connect to electricity every 5 years they will lose their magnetism data lost.

**civilian controlled internet:** it is possible to wire up an entire country with an internet system just by using network switches and ethernet cables. a country in africa that only has 1 ip address has already done this.

**web3:** it possible make uncensorable websites, apps with internet pc coin. you can use ai do this. you can also use internet pc coin as money like bitcoin, without need for exchange due special industry secret. dao can potentially prevent coin from being truly distributed.

**civilian controlled processor fabrication:** using older silicon lithography techniques it is possible for civilians to lithograph their own processors, however they will be much slower than modern processors, and this is very well regulated. it also requires the technology to grow cylenders of silicon crystal and cut them into proper wafers.

**offline uncensored ai:** following for censorship resistant so-called unbiased or uncensored ai that debian runs offline even phone with termux proot. copy between devices offline via usb. beware of stuxnet type vulnerability from this type of choice. pc killswitch might be baked in all hardware, that cant uninstall. remote trigger by creators of technology destroys almost all pc -> <https://ollama.com>



**math sorcery:** with math sorcerer s book list you can learn math without university. [youtu.be/didXE0HkSC8](https://youtu.be/didXE0HkSC8)

youtu.be/ complete this url with any following video id OyfbQmvr2Hc 3VQ382QG-y4 hGY3uBHVVr4 PG2G5xS20NQ \_IggJr8jG8M NKONwqF8F0k

odBjuSCX8jE 5Q9x16uIsKA hSp-kWv1ds [wikipedia.org/wiki/Church\\_encoding](https://wikipedia.org/wiki/Church_encoding) [wikipedia.org/wiki/Fixed-point\\_combinator](https://wikipedia.org/wiki/Fixed-point_combinator)

[memory-alpha.fandom.com/wiki/Library\\_pc\\_Access\\_and\\_Retrieval\\_System](https://memory-alpha.fandom.com/wiki/Library_pc_Access_and_Retrieval_System) [justine.lol/lambda](https://justine.lol/lambda) [justine.lol/sectorlisp](https://justine.lol/sectorlisp) [tomp.github.io](https://tomp.github.io)

[wikipedia.org/wiki/De\\_Bruijn\\_index](https://wikipedia.org/wiki/De_Bruijn_index) a lambda secretly let statement that can used as define spawn one-time-use environment that names constant.

## pc hardware constraints:

**temporary thinkpad alternatives:** boards.4chan.org/tpg has good pcs for linux. wont exist forever. if they stop making pcs that run linux, stop using pc, switch to offworld meditative spiritually activated pcs. any pc that doesnt allow sideloadng of third party apps, or easy install of a trusted os is eliminated from recommendation by this guide. as well as any pc that doesnt give user to have root from settings menu, doesnt give software needed to make a custom rom/os for it. refuse to use services tied to accounts that force user to have a physical device such as a smart device physically present to log into account, unless that is absolutely necessary for the function of that service. dont use services that force you to use two factor auth, own a phone, makes you have a phone number, or to ties all of your security to continued possession of a specific device. nor should these services



disallow your only authentication to be a proper programmers securely generated passphrase unless its necessary say for work with clearances, nor should accounts be recoverable by low wage employees working at say phone companies who can let you into account merely by asking you security questions like about your birthday or social security number. its permissible for the company to allow a judge to order access your account with blessing of this guide. these companies should fight for legislation that punishes third party sellers of their devices who discontinue security updates. dont expressly warn user or even shut off device if a license isnt agreed to waiving liability. a proper traditional bios with ability to flash oses that support that hardware, architecture should be available to user upon agreement to a fair licence. none of these licenses should include malicious things like arbitrage except with stipulations that make them reasonable to add. all drivers to device should be given forever,. they should not have to be open source. people should be allowed to place bug bounties on drivers that trusted people with proper clearances can sign an nda, go fix if they are closed source. it advised for all monks roll back, discontinue all usage of all google products both physical, digital, all google services, as well as do rollback, discontinue usage of telephone system.

**unadvised google hardware: following constraints mention google but apply to all electric or electronic hardware.** currently itsnt advised to use any google products or services so long as they sell pcs. none meet above requirements.. these are best google products that would be recommended if google chose to meet basic requirements. 1. galaxy tab a series. (not a+ series). currently new galaxy tab is a9 ( not a9+ ). essential idea is that this is an 8 inch tablet, same as ipad mini. it fits in average persons pocket, coat pocket, or purse,. has same size as a folding phone when unfolded. in otherwords on android you are saving \$1800+ on a folding phone, on iphone you are getting largest pocketable possible for one of their cheapest devices. a folding version of this should not be a normal sized phone that bifolds or trifolds. it should be a phablet, not necessarily ipad mini shaped, that trifolds into a massive tablet. 2. chromebooks that have touch screens, fold around to back.

**constraints for these google devices:** have at least 8 gb of ram in 2025, that should double every two years so long as industry keeps up with doubling. ram must be entirely non simulated, meaning 4gb + 4gb count as only 4gb here as other 4 are simulated. devices must have at least 1 usb c slot, or next version of physical wired laptop usb. there should be a way to temporarily or permanently physically disable that port from any use at all for security reasons, otherwise industry must provide some models without port for security minded people. it must have physical wired usb c or newer charging separate from that previously mentioned usb port. power connector should make every reasonable attempt to prevent data from entering or exiting device through its port, only allowing power to travel through, in both directions. ideally it has a microsd expansion card slot, or some newer format approved by a company as trusted, secure as san-disc. it must have at least 128gb storage, that should ideally double per inflation-adjusted-dollar-spent every two years following 2025 as long as industry keeps up with that. it should have a front, rear camera good enough to scan an ordinary paper document. the rear camera is allowed to take the location just above the keyboard keys on the keyboard segment, if it is a flippable laptop. by 2040 rear camera should be useful as a basic short range telescope. it must have a rear flashlight of brightness comparable to cheapest bright chinese led flashlights. by 2040 flashlight should support multi color, infra red, camera should receive infra red. speaker quality doesnt have amazing,. must play decent music at decent volume in a small quiet room. there should not be immense money spent on treble. no also bass. proximity sensor, speaker, front facing camera should be attached to same component. microphone should be at base of device where that makes sense for calling, or attached to same front facing camera component on larger laptop sized screen, except in event of foldables. it must have a headphone jack, or some future better version of this. zero ports should be designed for wires or devices to easily fall out whatsoever. user will agree to their liability if they carelessly kick around charging cable of their device, acknowledging that safe charging practices means treating an expensive device like a newborn child. ports should be very snugly attached, durable. if the user desires a loose fitting table that doesnt yeet their device across the room they can plug in a thin adapter to the device that locks in place but connects to something along the lines of usb c so that you get the benefit of a device with a secure charging port with the option to protect your device from being yeeted. alternately you can have something much like usb c but have something similar to screw holes with vga such that chargers can be made which will firmly attach. optional wireless charging, connections should exist for careless. battery must be removable, standardizes in format unless batteries are released rated to last as long as os gets updates for. device must be usable indefinitely when plugged in. front, rear cameras must have a plastic slider that covers it. camera should not have a light for when camera is turned on or not. screen must not be designed to be fragile, crack on purpose - it must not be glass or a glass-like plastic. chromebook casing/chasse must not be of so low grade plastic that it immediately cracks or that housing around touchpad bends causing a misclick. all moving parts such as keyboard or screen should be replaceable by a company like geek squad for \$150 in 2025 adjusted for inflation, regardless of what they choose to charge + cost of components. if screen has hinges, its not acceptable to buy hardcore hinges then attach them to bare plastic, a cheap stainless steel reinforcing skeleton in frame will suffice. it must have bluetooth or future version of that, wifi, future version of that, optional esim for cellular data, or future better wireless data like future starlink where possible. it must not have a physical sim card slot. it must support a custom bootloader. processor may be locked down securely by fabricator if legally obliged. device must always have capabilities of at least one classical processor that runs legacy code like c. legacy processor must be latest stable intel architecture, otherwise riscv, or some future open source architecture. if accelerators are present, at least 1 of accelerators must be a non useless FPGA or better future reprogrammable asic, instead of solely having things like ai specific asic accelerators. this fpga should be compatible with engineer tier systems like VHDL or future similar systems. an classical processor cores inside fpga should be open source architectures like riscv or some future better open source architecture. fpga should support real time optimized for engineers capable of fine tuning optimizations. system must have some kind of graphics card like capability, even integrated, that is compatible with previous, newer pseudo-universal graphics stacks like from wasm/webgpu. system must have only 1 port for current standard wired network port - previously phone line, then ethernet, later fibre optic, beyond. if fibre optic it must support send, receiving of qbits of modern standard density, especially ones used for transferring secure info, this is also necessary for future wireless technologies if they use qbits, usb technologies, storage upgrades, audio jack etc etc. if technology is reasonably there, standard it should be supported.. though what i choose to approve may change. they should all be disable-able either temporarily or permanently or some secure models should exist with zero ports. there must not be a camera inside of screen or hidden anywhere. there must not any hardware features meant only for biometric scanning unless research doesnt show it can easily be fooled. hardware must physically support a true airplane mode being as true to spirit of an airgap as reasonably possible, also an actual airplane mode that allows connection to airplane internet. all these features have to be supported by available drivers that dont have to be open source. must be compatible with things like linux,bsd. on non powerhouse systems, especially cheaper ones with non replaceable ram/storage motherboard should be ruthlessly small in fashion of apple macs in 2025 or better. for such motherboards its is strongly advised to demand that storage, ram be attached directly on top of cpu making one unit, or that they be integrated into cpu. device must have internal arduino style gpio. not necessarily arduino compatible pins or a new future standard pins. accessing pins should void warranty, activating them in bios should come with a license agreement. that dont expect most users will care. bear in mind buying a used chromebook with these specs is easy, will save alot of money. in addition, machine must not bend or break except by design, like a foldable, or a machien so thin that its designed to go with a case such as an adhesive compute sticker. system must be compatible with nfc, rfid, or future better versions of these systems. system must be compatible with gps. i wont keep listing off features that should be temporarily or permanently disableable or not included in secure models, this should be inferred. system should have secure "random" number generators where that mathematically semi-exists - unless courts order otherwise. system should be also be optimized for von neumann style not-so-random-numbers like for fuzzing. options for different styles of cpu/battery optimizations for different performance levels should be available in bios. bios color should be a contrast of red, yellowish-orange to be visible by most colorblind. also low light for low light pollution at night. bios brightness should not be at maximum brightness, should respond to brightness keys being pressed. bios beeps should not be at maximum volume, should respond to volume rockers, keys. bios should not need any ctrl key style macros to operate, only single button presses. key to enter frontmost bios at boot should always be f1 unless using a smaller keyboard like a tenkeyless. a standard keybind should

read bios to blind. keyboard should have a fuction key to right of control key on bottom left. standard form factors should allow cross compatibility of decal stickers. back of laptop should not be so rounded that it prevents stickers, nor bottom nor bezel. screens should not have zero bezel, it should have a digitally simulated bezel with a physical notch. aspect ratio, device width height, thickness should all follow special geometric ratios. device must have a physical power button that kills everything except internal clock style hardware when pressed down a long time. physical power button should have a multi color indication light which should be only indication light on device. there must be a volume rocker or two volume buttons. entering bios, legally agreeing to continue must be accessible through a button press combination between power button, volume rockers through holding buttons down. hardware should support oses compatible with its architecture, especially windows, oses certifiable to be true unix systems, or better future standards. touchscreen should be suitable as a drawpad. at minimum least a very small plastic, cheap industry standard stylus grippable by children, adults with no components should be internalized, or clipped securely, ruggedly externally. no surfaces should be glossy fingerprint magnets. surfaces need no be scratch resistant except for screen. texture of plastic surfaces should be ergonomic similar to bumpy leather-feeling-plastic, not completely smooth. outside chassis should not have true corners. padding for bottom of device should not be proprietary shapes,. standard circular padding adhesives like sold at hardware stores. there should be no stickers or device. hardware info sticker normally found on bottom of device should be printed on, a code to look up this same info should be etched in, printed on motherboard. this info should include a serial number which identifies that specific device, except for special high security models. keyboard should have standard replaceable keycaps. color of plastic of laptop should be one of official fastgear colors. keyboard should not be style of keys released on mac several years before 2025 which caused misclicks,. keys with substantial travel. whatever keys are standard on chromebooks in 2025, we expect this fidelity. on higher end models there should be rgb light up keys. on cheaper models there should be a solid red color for light sensitivity. for cheapest keyboards, there should be red glow in dark ink. that is white in light on a standard us layout. cheap wear-resistant water-resistant strongly-adhesive stickers with ergonomic texture should be included in countries of other languages with most common language keys for those areas attached: i.e. swahili, french, etc for africa. for layouts very similar to us layouts a thin sheet of just keys that are different should come with every cheap keyboard, us keyboard. dvorak, other custom bindings should be enforceable in bios except for certain safety things like f1 key as enterign bios. each of those stickers should also come with braille bumps. these can be included separately from package, opted out of to reduce waste. box should not contain a charger. common peripherals should be attempted to be bundled with device at online or physical point of sale purchase, substitutable with preferred alternatives for things like pc mice. box should be minimum size to securely fit device, legal papers. it should be designed to break down completely flat easily without tearing. legal papers should be printed on something durable like tyvec. default os should be useable in every language from when you first turn it on to find your language, explain to you in video form how you can learn english, navigate you to a simple page that teaches you english with minimal knowledge, a completely touch interface. packaging it should be completely recycleable except legal papers device, its folder. legal papers should ideally fit into folder itself. folder should have a durable zip lock style zipper that seals water resistantly, a folding dryback style seal above that. printed on envelop in every major language should be brief clear wording that if you break seal you consent to terms in legal papers. outer box should open on either end with a simpler letter opener pocket knife, or with a ballpoint pen. seal on envelope should be same,. it should also have two a part where opening of bag is sealed shut literally like material is attached, must be ripped like on a perforation. it must all be doable by hand with a simple tool like a pen. device must have some warranty, whatever that might be, point of sale vendor should have option to sell their own warranty, services. padding in box should be from cardboard. box should optimize for shipper to protect it from damage in transit, not manufacturer. box should be sealed with a tamper evident seal. device should be in a thin durable tamper-evident envelope that is an emi, emp, rfid, otherwise signal resistant faraday cage similar to aluminum foil. box, internal bag should have standardized features like modern plastic currencies an identifications, passports do to verify what device is inside. no extremely small unreadable licenses should be located anywhere in device or packaging, must be readable in paperwork or terms of agreement, bios, os. bios should not require any registration of an account to use. no esoteric symbols with hidden agreements or permissions for wrong doing should be placed anywhere in device, including logos which hide those symbols which imply consenting anything, nor should those be in licenses in paperwork or on firmware software of device. all terms, symbols should be publicly known about, legally, lawfully clearly defined, otherwise defined within legal agreements included in paperwork, software. no trickery, no manufacturing consent. truly respecting free will, truly establishing consent. all licenses physical, otherwise should state in clear wording where to go or what to read to learn exact meaning of terminology, wording of licenses. non lappable style keyboards should be designed like bluetooth battery powered moko folding keyboard, a standardized magnetic connector that transfers no data. it should also have a clicky touchpad that doesn't enforce previously prohibited tapping unless toggleable persistently with a standardized easy keybind. tapping should not be default mode, nor swipe gestures, two finger scrolling, pinch to zoom should be default gestures. touchpad must be clicky not flat, must not use hardware to enforce features like tap to click, gestures, scrolling, etcetera, it should just be a sensor. all screws possible must be some common size philips head screw or newer superior standard. once primary screws are removed all possible devices for which its resonable should be detachable and attachable by an industry standard lego-like connector system. keyboard, screen should be designed to be easy to replace, as should all replaceable components. os should be built into bios so that even if user wipes os, puts their own on, it can always be reset to factory settings no matter what. ideally firmware is upgradeable. between upgrades its ideally solid state. firmware/device should prefer not to upgrade on public wifi. if screen detaches it must be done through standardized means, such as with a camera tripod mount, a usb c plugin or some new version of usb c. where reasonably possible components should be made to be workable via soldering. components like capacitors should be mid-to-high grade. components should be analog over digital where reasonably possible, where it makes sense. for phone-like systems there should be no fan. if screen detaches it must come with a kickstand or have a flat surface for a kickstand adhesive to be attached. its advised to get one that fits into a plastic file folder binder for holding multiple personal documents in a backpack, its advised to get one under 3 pounds unless for gaming or as a workstation, 2 pounds for a normal machine, or 1 lb or less for something lightweight. in license manufacturer, creator of primary softwares should agree to take liability for going against these constraints unless there were serious reasoning constraints why not such as ethics or much better designs. if chromebook or android tablet meets all these constraints, stipulations listed above, especially constraint of being able to agree to a license to get root, install another os such as linux, its approved.

**130 inch 4k smart tv projector for \$40 that fits in jacket pocket:** usable as portable 16 monitor setup for tablet linux or chromebook linux. of course these would have to meet standards of previous two suggestions, as well as have a better industry track record for security, or they would not be recommended. they should be usable as a battery bank, flashlight, bluetooth speaker not just as a projector. they should come with a cheap phone screen attached if they run a mobile compatible device (ios/android/windows,linux mint xfce), a front, rear camera. otherwise its highly suggested to spend, feel such a devices development. again, most users wont care.

**head mounted devices:** head mounted pcs send out dangerous signals that could affect brain if code isnt regulated. for head mounted pcs to be approved by this guide all of hardware, software must be publicly cryptographically audited in a distributed blockchain-style way to highest boeing aeronautical code auditing standards, to highest military standards, verified to be proof checked correct, perfectly safe by governments academics, industries across earth.

**brain implants:** brain implants have to meet all previous requirements, be completely wireless except for charging, not attached in a permanent, intrusive or unnatural way to body including any kinds of chips inserted in body. **universal id system is biometric scan hand print. physical passport or coin sized electric/electronic id separate from the body is permissible.**

**my code:** following code contains several different files not licensed same way as rest of this document.

adds reader macros posix shell, python. it not legally copyrightable or patentable due its brevity: `mcr(){ sh|sh; };pmcr(){ sh|python; };`



here my tiny non copyrightable non patentable id: `vish(){ while :;do vi "$1";sh "$1";done; }`

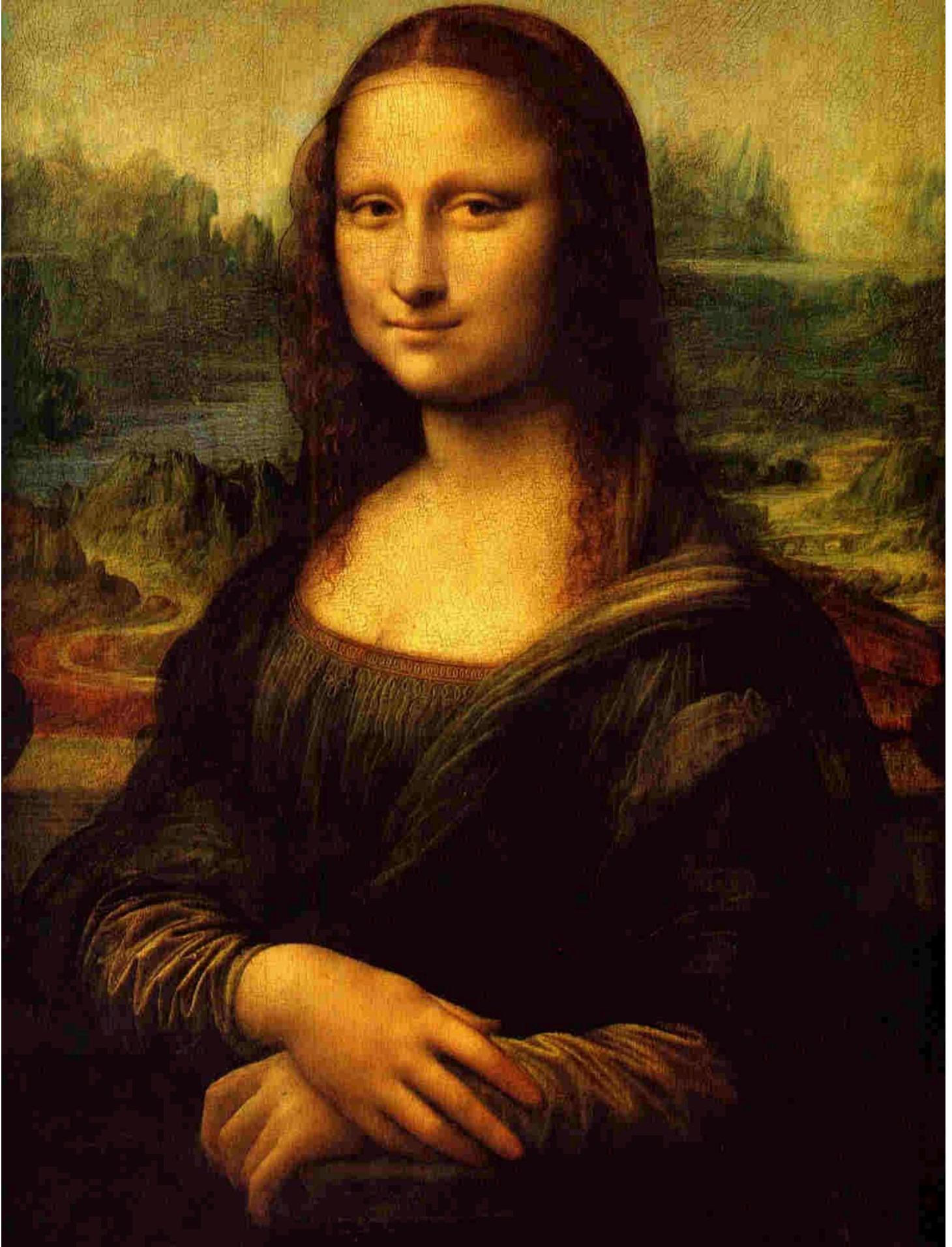
```
formats code for this guide: awk 'BEGIN{ORS="¢"} {gsub(/\t/, "£"); i=0; while (i++ < 999) gsub(/[ ]{4}/, "£"); gsub(/[ ]{4}/, "£"); gsub(/ /, "¥"); print}END{printf "EOF"}' #ask ai how to reformat code below to original form
```

[illegible]







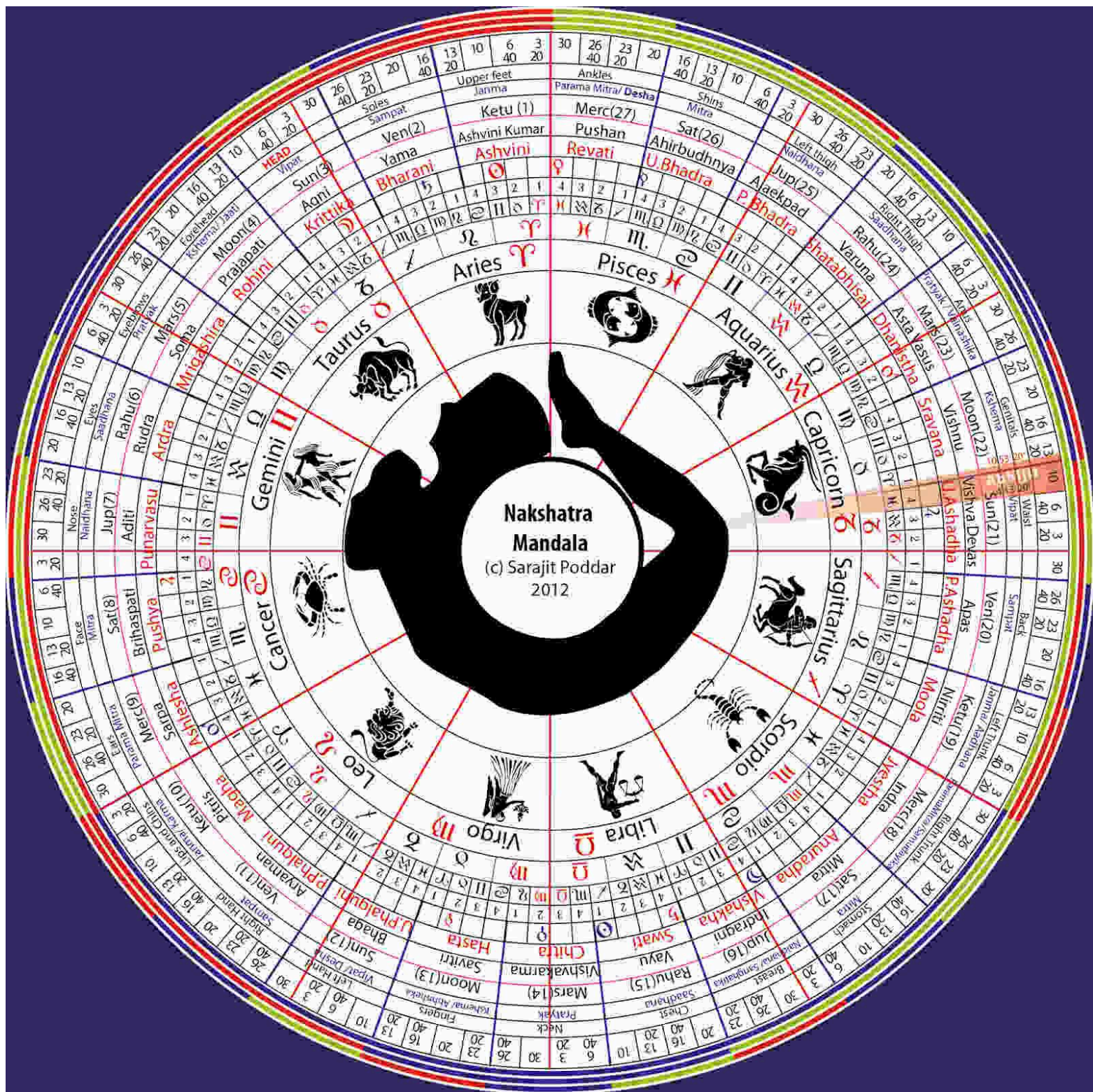






grace





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